businesses, finding themselves, spiritual awakenings, beauty and understanding it goes beyond the physical, emerging as community leaders, and more.

Representation of Black women and other women of color matters, and STMD has become a beautiful way to celebrate their lived experiences, recognize their impact, and honor their voices in lowa. Teresa's goal is to expand STMD's platform outside of the Des Moines area and further its reach. She has already taken "Stories to Tell My Daughter" to Dubuque by holding a recent event at Clarke University, and I look forward to its-continued growth and success in the coming years.

Additionally, Teresa has always been a strong advocate in the field of mental health. She worked as a community counselor for the American Red Cross early in her career and found it aligned with her skills and interests. She wanted to work in a field where she could make the most impact. Teresa has since worked in many different roles at various community support agencies and with many families throughout the years. She firmly believes mental health is and should be a top priority in all the work we do. As the pandemic has created even more challenges for Americans to have their basic needs met, Teresa knows how important it is to prioritize mental health as we continue to address challenges like housing, food insecurity, affordable health care, and education. All of these circumstances impact overall mental health for lowans.

Teresa is a current graduate student at Drake University in the counseling program where she hopes to further her work in the mental health field. She looks forward to becoming a clinician and practitioner in our state, where the need for such professionals is great, and to helping lowans lead healthier lives.

Teresa's work is inspiring, admirable, and worthy of high praise. She's helping our communities foster more empathy and understanding, heal from challenging circumstances, and move forward in a healthier mental space. It is my pleasure to recognize Teresa Zilk as lowan of the Week.

HONORING THE MEMORY OF RICHARD PEARL FLEMING

HON. BARRY MOORE

OF ALABAMA

IN THE HOUSE OF REPRESENTATIVES Tuesday, November 22, 2022

Mr. MOORE of Alabama. Madam Speaker, today, I rise to recognize the life and legacy of Richard Pearl Fleming, who sadly passed away on Friday, September 30, 2022, at the age of 94.

Mr. Fleming was loved by many is his hometown of Enterprise and it's said, "he never met a stranger and loved everyone he met." Richard made friends no matter where he went or who he met, and he was an irreplaceable pillar of his community.

Richard and his wife Ruth owned and operated Fleming Ford Tractor, which was formerly known as Metcalf Tractor. Richard and Ruth, or Papa Richard and Mama Ruth, as they were known by friends and family, gave back to their community whenever they had a chance

A devout man of faith and member of the First Baptist Church of Enterprise community, Richard spread love and joy to all those around. He was also known as "The Candy Man" because of the "thousands of pounds" of candy he would give to the children and families in his community.

The children would find him on every church occasion and Richard would give out candy to everyone. Richard was entertaining, kind, loving, and humorous. Never would a visitor leave empty handed from Richard, whether it was candy, a watermelon, or even a bag of tomatoes.

Richard Pearl Fleming dedicated his life to bringing joy to his friends, family, and everybody else around him. He was a loving son, husband, father, brother, and grandfather. He is survived by his three children, six grand-children, eight great-grandchildren, brother Sam, and many nieces and nephews.

Richard Pearl Fleming was a joyous and loved citizen of Alabama's Second Congressional District that left lifelong impressions on many people. He will be deeply missed by many friends, family members, and all those he made smile.

RECOGNIZING JIMMY DAY II

HON. JASON CROW

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, November 22, 2022

Mr. CROW. Madam Speaker, I rise today to honor and congratulate Jimmy Day II for being recognized as the 2023 Colorado Teacher of the Year. Mr. Day has served as an educator for over a decade—inspiring, developing, and cultivating the musical talent that lies within his students

Mr. Day joined East Middle School in Aurora, Colorado in 2017, where he serves as the Instrumental Music Teacher and Band Director. In addition to providing students with exceptional instruction in Instrumental Music. Mr. Day also leads the school's band program. The Colorado Department of Education credits Mr. Day for rebuilding and transforming three band programs during his career and transforming them into award-winning programs. As a result of his dedication to bettering the music program, his ability to connect with his students, and his effective teaching style. Mr. Day was previously recommended to participate in the Public Education & Business Coalition and the Aurora Public School Mentoring Community of Practice.

It is clear to anyone who knows Mr. Day, that though his knowledge and passion for music are extensive, the love he has for sharing that knowledge with his students is what makes him an exemplary teacher. Mr. Day's students describe him as a teacher exuding passion who always pushes them to try their best—wanting them to harness the potential he already knows lies within them. Mr. Day is known for helping his music students achieve success not only in music, but in developing the life skills they will carry with them long after they leave his classroom.

Teachers have a tremendous impact on the lives of our children and Mr. Day represents the best of what our teachers can be. I commend Mr. Day for his tireless dedication to his students, and congratulate him for receiving this recognition. It is an honor to recognize him and his achievements.